

The Villages®

Community Development Districts 

Recreation & Parks

Rohan Sports Pool

Fall/Winter 2019/2020 (October 1, 2019 - March 31, 2020)

	7-7:50	8-8:50	9-9:50	10-10:50	11-11:50	12-12:50	1-1:50	2-2:50	3-3:50	4-4:50	5-Dusk
Monday	Combo Swim	Combo Swim	Combo Swim	Open Exercise	ROCK & ROLL AEROBICS	Open Exercise	WVB Org. Intermediate		Combo Swim	Combo Swim	Combo Swim
Tuesday	Combo Swim	Combo Swim	Step it Up Aerobics	Combo Swim	WVB Group Play		WVB Group Play		WVB Group Play		Combo Swim
Wednesday	Combo Swim	Combo Swim	*TEA/ Combo Swim	Open Exercise	WVB Group Play		WVB Org. Intermediate		Aqua Stretch & Strength	Combo Swim	Combo Swim
Thursday	Combo Swim	Combo Swim	Combo Swim	Combo Swim	Donna's Water Aerobics	WVB Group Play		WVB Group Play		Combo Swim	Combo Swim
Friday	Combo Swim	Combo Swim	Combo Swim	Combo Swim	WVB Group Play		WVB Group Play		Combo Swim	VAST	
Saturday	Combo Swim	Combo Swim	Combo Swim	Combo Swim	WVB Group Play		WVB Group Play		Combo Swim	Combo Swim	Combo Swim
Sunday	Combo Swim	VAST		Aqua Zumba	Combo Swim	Combo Swim	Combo Swim	Combo Swim	WVB Group Play		Combo Swim

Phone: 674-8400 See Page 3 for sports pool guidelines & definitions of activities. All activities start on the hour and end 10 minutes before the next hour. Pool hour and activities subject to last-minute changes. Changes will be posted at the pool and recreation center. All Water Volleyball activities are Co-ed unless otherwise noted. A lifestyle ambassador and/or staff member will help to form a line, outside the pool area, prior to the activity start time. The location of the line may vary from center to center. Requests for additional programming will be accepted in February 2020 for the Spring/Summer session (Apr 1, 2020 - Sept 30, 2020). All sports pool are for residents only age 30 & older - please bring your Villages ID card. If you're interested volunteering to lead a sports pool resident lifestyle activity please see the Recreation Facilities Manager at your nearest regional recreation center.

***The Enrichment Academy - sign up is required**

***ALTS - Adult Learn to Swim Clinic - sign up is required - Dates are: 10/21, 10/23, 10/25**

***ALTS Practice - Adult Learn to Swim Practice - shared usage of pool with lanes designated for participants for continued education/practice**